



# TERRITORY OF NUNAVUT

## A PROCLAMATION

**WHEREAS**, the “NU Tracks” initiative is about uniting communities, schools, businesses, and all levels of government, in order to bring about positive change; and

**WHEREAS**, the Communities of Nunavut promotes increased health awareness among its citizens through “NU Tracks” campaign, which encourages all youth to begin daily walking routines; and

**WHEREAS**, a lack of physical activity plays a leading role in rising rates of obesity, diabetes and opportunity to build physical activity into one’s daily routine; and

**WHEREAS**, an important role for parents and caregivers is to teach youth about healthy active living and the benefits of walking and physical activity to one’s health; and

**WHEREAS**, the communities of Nunavut are committed to making positive changes that is within their power to do so in terms of increasing physical activity amongst youth:

**NOW, THEREFORE, BE IT RESOLVED** that I, \_\_\_\_\_,  
Mayor of the Hamlet/City/Municipality of \_\_\_\_\_ Nunavut,  
hereby proclaim the month of March as

## NU TRACKS MONTH

in the community of \_\_\_\_\_ and encourage everyone to consider the physical activity and healthy living of youth this month and throughout the year.

